

NELSON MANDELA DAY 2020

"no matter how small your action, mandela day is about changing the world for the better"

WAYS YOU CAN GET INVOLVED A KUNGWINI WELFARE ORGANISATION FOR NELSON MANDELA DAY.

#1 GET ACTIVE WITH KUNGI

Get active with Kungi on Nelson Mandela Day by entering a team or as an individual to help raise funds for people with disabilities. On the day of Nelson Mandela Day you and your team can run, walk or cycle for 67 min or 67 km.

There are no entry fees or forms to fill in to take part in this activity. We do ask that you help raise funds for our organisation through a link that we will send you once you have registered.

To register please send your Name, Surname and Email Address to marlizet at projects@kwo.org.za. We will send you your fundraising link once we have received this registration. On the day we will track your progress through a free app called Strava that you will find on Google Play Store or The Apple App store.

#2 ADOPT A RESIDENT

At Kungwini Welfare Organisation we have 24 residents without family or anyone who cares for them. By adopting a resident you can help them by spending 67 Min collecting clothing items for them to keep them warm this winter. The clothing items needed are Jackets, Jerseys, Pants and Shoes. Once you have collected these items you can mark the Donation with the residents Name and drop the donation off with security at our main entrance.

(List of residents on page 2)

#3 TOILETRY KITS

Toiletry items are a daily essential. For Nelson Mandela day you spend 67 Min to create a toiletry kit for one of our residents. Items needed: Shampoo, Conditioner, Soap, Disposable razors, Roll- on, Deodorant, toothpaste, washcloths and towels. Kits can be dropped off with security at our main entrance.

#4 OUR BABIES OF THE COMMUNITY

Our community development department strives to better the lives of our babies. You can help by spending 67 Min collecting baby clothes and items that can be reused for the babies in our community. You can drop-off all donations at security at our main entrance.

#5 ONLINE DONATIONS

On Mandela Day you can help grow our KOS Online account, Dischem account, or Makro Trolley by donating R67 to help fulfil the needs of our residents.

KOS ONLINE DONATION

Go to: www.kosonline.co.za under Community Projects and look for Kungwini Welfare Organisation to make a donation.

DISCHEM TROLLEY

Bank: Nedbank Account | **Name:** Dischem Hazeldean | **Branch Code:** 128 405 | **Account Number:** 128 4126 528
Reference: KWO 11426

MAKRO TROLLEY

Makro Trade Receivable | **Bank:** Standard Bank | **Account Number:** 043000819 | **Reference:** 1170003014

ADOPT A RESIDENT LIST

NAME	GENDER	JACKET & JERSEY SIZE	PANTS SIZE	SHOE SIZE
Elaine Penning	F	XLarge	40	6
Klasie Basson	M	XLarge	38	5
Sammy Maseko	M	Medium	34	7
Piet Tshabedi	M	XXLarge	38	8
Lucas van der Merwe	M	13 -14 years	13 -14 years	5
Zelna de Beer	F	Small	30	7
Stephan Joubert	M	Small	38	6
Marian Mans	F	Medium	36	6
Anna Bender	F	38	38 - 40	6
Rachel Moya	F	42	40	7
Christa Geldenhys	F	36/38	42	6
Sophy Ndlovu	F	36	40	5
Andries Botha	M	Medium	34	8
Michael Roos	M	Large	36/38	7
Chipa Barnard	M	Medium	Medium	Slippers - 3
Boy-Boy Phiri	M	Large	34	7
Anna Stinnes	F	Medium		4
Lizzie Potgieter	F	XXLarge	44	4
Holly Smith	F	Large	36	4
Piet Joubert	M	Medium	32	4
Mariaan Bignel	F	Small	32	4
Marinda Nel	F	Large	38	6
Tersia Beukes	F	32	32	4
Cecilia Delpont	F		34	5